

## REGISTRATION

Yes, please register me for the Music Therapy Workshop on 12<sup>th</sup> March 2007:

Name: \_\_\_\_\_

NRIC No.: \_\_\_\_\_

Contact No: \_\_\_\_\_ (H/P)

\_\_\_\_\_ (O)

Email: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Occupation: \_\_\_\_\_

Organisation: \_\_\_\_\_

- Please indicate with a tick (✓) should you need an official invoice from SGH.

**Registration will be confirmed upon receipt of full payment.**

Please send your registration form together with a crossed cheque made payable to "Singapore General Hospital Pte Ltd" to the following address:

The Manager  
 Postgraduate Allied Health Institute  
 Bowyer Block B, Level 2  
 Singapore General Hospital  
 Outram Road  
 Singapore 169608

## GETTING THERE



Venue: National Cancer Centre  
 Lecture Hall (Level 4)  
 11 Hospital Drive  
 Singapore 169610

Nearest MRT Station: Outram Park

Free shuttle bus service:

There is a free shuttle bus service to SGH from the bus stop opposite Outram MRT Station. Please alight at the National Cancer Centre. This service operates from 8.00 am to 7.00 pm and at 15-minute intervals.

For enquiry, please contact Ms Jane Heng:

Tel: (65) 6326 6111

Fax: (65) 6326 5420

Email: jane.heng.h.k@sgh.com.sg

### SEMINAR DETAILS

Date:	12 <sup>th</sup> - March 2007
Time:	9.00am to 5.00pm
Venue:	National Cancer Centre, Auditorium, Level 4
Seminar Fee:	SGD \$200 per participant SGD \$170 per participant (for group registration of 3 or more) <u>Special Rates for Students</u> SGD \$100 per participant SGD \$80 per participant (for group registration of 3 or more) (inclusive of GST and course materials)
Closing Date:	5 <sup>th</sup> March 2007



## MUSIC THERAPY SEMINAR

on

12<sup>th</sup> March 2007

By Kate Gfellers, PhD

Professor, Music Therapy; Speech Pathology & Audiology, Iowa Cochlear Implant Clinical Research Center



Organised by

**SGH CENTRE FOR HEARING AND EAR IMPLANTS and PGaHI**

In Conjunction with

**Launch of Music Therapy for Hearing Impaired Children in the Listen & Talk Programme**

Main Sponsor



## INTRODUCTION

Music Therapy is an established allied health profession whereby music and music activities are used to address physical, psychological, cognitive and social needs of individuals with disabilities. It is the clinical and evidence-based use of music interventions to accomplish individualised goals within a therapeutic relationship by a board-certified music therapist who has completed an approved music therapy programme.

Music Therapy has been used with individuals of various ages and abilities in hospitals, schools and private practice settings in North America. This includes but is not limited to Autism and other Pervasive Developmental Disabilities, critical care, developmental disabilities, emotional traumas, geriatric care, hearing impairment, psychiatric, neonatal care, obstetrics, oncology, speech and language impairment, physical disabilities, visual impairment and AIDS.

Many allied health professionals and special educators are aware of the therapeutic effect of music but not many truly understand the in-depth theory and practice of music therapy. Due to growing public interest in music therapy as well as among the allied health professionals and special educators, this workshop aims to provide participants with an in-depth understanding of the theory and practice of music therapy and how it can make a difference in healthcare and educational settings.

## TARGET PARTICIPANTS

Healthcare professionals including Music Therapists, Speech and Language Pathologists, Auditory-Verbal Therapists, Psychologists, Occupational Therapists, Physiotherapists, Audiologists, Special Education and Mainstream teachers, counsellors as well as medical doctors.

## OUR TRAINER

*Ms Kate Gfeller, PhD*

*Director of Music Therapy Program at the University of Iowa*

*Speech Pathologists and Audiologists in the Department of Speech Pathology and Audiology*

**Kate Gfeller** is the director of the Music Therapy Program at the University of Iowa and holds a secondary appointment in the Department of Speech Pathology and Audiology. Her research focuses on perception of and affective response to music of individual with disabilities.

Dr. Gfeller is also a member of the Iowa Cochlear Implant Team at the University of Iowa Hospitals and Clinics, Department of Otolaryngology. She is the principal investigator for music perception project whereby she investigates musical perception and enjoyment of hearing impaired individuals with cochlear implant. Her other investigations include music therapy practices for adults with Alzheimer's Disease. She has published numerous books, articles, chapters and monographs, and presented throughout the US as well as Canada, England, Ireland, Australia, Austria, France, Spain and Brazil. She has also received many outstanding awards.



## WORKSHOP OUTLINE

### 9:00-10:30am-Session 1: Music Therapy: An Overview of Theory and Practice

This session will include a) a definition of music therapy, b) prominent theoretical bases for music therapy, and c) an overview of research and cultural studies that explains why music is an effective therapeutic tool.

### 10:30am-11:00am-Tea break

### 11:00-12:30pm-- Session 2: Music Therapy: Professional Practice

This session will include a) the educational requirements of music therapists in the U.S. and other countries, b) the scope of practice (types of clients served and typical therapeutic objectives) and standards of practice for music therapists as developed by the American Music Therapy Association, and c) the role of the music therapist as part of multidisciplinary treatment teams in medical and educational settings; and d) address common misconceptions regarding music therapy.

### 12:30-2:00 pm—Lunch

### 2:00-3:30pm-Session 3: Music Therapy in Medical Settings

This session will include common uses of music therapy in hospitals and clinics. The session will include a) typical goals and objectives for specific types of chronic and acute illnesses, b) interdisciplinary collaboration with other healthcare professionals, and c) research that documents the benefit of music therapy in medical treatment. This session will focus more on music therapy with adults, though music therapy for sick children in paediatric hospital care will be addressed.

### 3:30pm-4pm-Tea break

### 4:00pm-5:00pm-Session 4: Music Therapy for Children with Hearing Impairment and other Disabilities

This session will describe uses of music for children with disabilities in educational and rehabilitative settings. The session will include a) typical goals and objectives for various types of disabilities (physical, cognitive, emotional, communication), b) research reports that document therapeutic benefits of music; and c) accommodations for children with hearing impairment and other disabilities to facilitate participation in music education and activities.

## SEMINAR OBJECTIVES

At the end of this seminar, participants will:

1. Increase knowledge about the theoretical bases for music therapy, including empirical and cultural bases for using music as a therapeutic tool.
2. Understand the scope of practice of music therapy as well as the professional preparation of music therapists. This will include the clarification of misconceptions of music as a therapeutic tool.
3. Understand the role of the music therapist as part of multidisciplinary treatment teams in medical and educational settings.
4. Learn about uses of music therapy, and research regarding benefits with persons who have acute or chronic medical conditions.
5. Learn about uses of music therapy with children who have hearing impairment and other disabilities, including those with communication disorders.