

# SPEAKERS

Clinical | Health | Sports | Educational | Forensic | Counselling

## Clinical Psychology

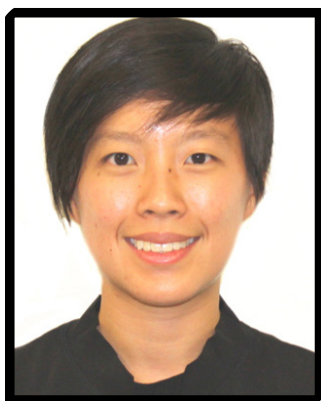
Adrian Toh and Dr Cherie Chan

Session 1: 3pm - 3.30pm

Session 2: 3.45pm - 4.15pm



Adrian works in Tan Tock Seng Hospital as a psychologist. He was privileged to receive some years of clinical experience in working with diverse populations of patients with concerns ranging from mental health to physical health. Out of his work hours, he is an active member of the Singapore Psychological Society (SPS).



Dr. Cherie Chan graduated with a Bachelor of Social Sciences from the National University of Singapore and holds a Doctorate of Psychology degree in Clinical Psychology from Murdoch University (Western Australia). Cherie practices as a Clinical Psychologist in the public healthcare setting and currently works with adults/adolescents dealing with various issues including depression, anxiety, personality issues, ASD etc. Cherie constantly hopes to play a part in advancing the Psychological profession in Singapore and looks forward to being involved in creation of greater awareness and networking within the field.

## Health Psychology

Dr Elizabeth Nair

Session 1: 3pm - 3.30pm

Session 2: 3.45pm - 4.15pm



Elizabeth Nair is CEO/Principal Psychologist of Work & Health Psychologists (WHP). Trained in psychology at the University of Western Australia and Nottingham University (UK), she is a Colombo Plan Scholar, Commonwealth Fellow, and Sir Rattan Tata Fellow. Dr Nair was Chief Psychologist (MINDEF), then tenured academic at the National University of Singapore, prior to setting up WHP in 2004. Dr Nair has extensive experience over the last ten years conducting wellness workshops, crisis counselling and executive coaching for the financial and banking industry in Singapore.

In 2015, she was a faculty member of the Harvard Medical team that delivered a pro bono training module on Global Mental Health at the Asian University for Women in Chittagong, Bangladesh.

Dr Nair is a four non-consecutive term President of the Singapore Psychological Society and recipient of the inaugural Award for Outstanding Service to Psychology in Singapore in 2003. This award was in recognition of her role as Organizing Chair and Scientific Program co-chair for the International Association of Applied Psychology Congress held in Singapore in July 2002. In 2001, she received the APA award for Distinguished International Psychologist. She is a Fellow of the American Psychological Association (2005), and a Fellow of the Singapore Association for Counselling (2015). A Registered Psychologist and Counsellor, Dr Nair is also Clinical Supervisor, and registered for Trauma Counselling.

## Sport Psychology

Nathanael Ong

Session 1: 3pm - 3.30pm

Session 2: 3.45pm - 4.15pm



Nathanael Ong graduated from the National University of Singapore with a Bachelor of Social Sciences (Honours) majoring in Psychology, and from Loughborough University with a Masters in Science (with Distinction) in Sport and Exercise Psychology. Nathanael was previously awarded the prestigious Singapore Sports Council Scholarship, and has been working as an Associate Sport Psychologist with the Singapore Sports Institute since 2014. In his work, he has worked with numerous national teams, such as: Cycling, Athletics, Taekwondo, Wushu, Rugby, Judo, Cue sports, and Rowing. He has worked with

Singaporean national athletes in preparation for Major Games, such as the Southeast Asian Games in 2015 and 2017. He is an avid researcher and his publications include "The use of the Vienna Test System (VTS) in sport psychology research: a review" which was published in the International Review of Sport and Exercise Psychology in 2015, "The effect of mental skills training on the competitive anxiety of schoolboy rugby players" which was published in the International Journal of Sport and Exercise Psychology in 2016, and "Attitudes toward sport psychology consulting in athletes: understanding the role of culture and personality", which was published in Sport, Exercise, and Performance Psychology in 2017.

# Educational Psychology

Margaret Ting

Session 1: 3pm - 3.30pm

Session 2: 3.45pm - 4.15pm



Margaret Ting is a registered Educational Psychologist (EP) with the Singapore Psychological Society and is an active practitioner in Singapore for at least 15 years. She obtained her first degree in Psychology and English Linguistics from the University of Queensland (Australia) and her Masters training in Educational Psychology from the Institute of Education (University of London, UK).

Margaret's professional experience includes work as a Learning Support Coordinator (in primary school), and as an Educational Counsellor and an Educational Psychologist (EP) at the Ministry of Education (MOE, Singapore). At the Psychological Services Branch in MOE, Margaret was one of the key personnel involved in the training and implementation of the Learning Support Programme in primary schools for several years. She was also involved in the Support for Special Needs initiative, which includes the training of teachers in special needs support and the provision of Allied Educators (or special needs officers) in the mainstream schools. In her years of service at MOE, Margaret served as an EP of several clusters of schools, providing assessments, consultation and training.

Currently Margaret maintains a private psychology practice in Singapore. Together with a team of qualified experienced psychologists, they provide psychological assessments to children and young adults, intervention services to children, as well as consultation and training to parents and professionals. At the same time, Margaret and her colleagues work closely with other professionals to ensure a holistic support for her clients.

# Forensic Psychology

Carolyn Misir

Session 1: 3pm - 3.30pm

(there is only one session for this talk)



Carolyn is the Head of the Operations and Forensic Psychology Branch (OFP) which supports police operations, investigations and intelligence through offence research and profiling projects as well as direct consultations with units in high profile on-going cases.

The Operations and Forensic Psychology branch supports police operations, investigations and intelligence as well as victim management through direct field work, research and profiling projects and consultations with units. The branch oversees all investigation-related work which PPSD plays a part in. This includes assisting in active criminal profiling efforts, building up research literature on crime case studies, and providing training to police officers regarding the psychology of crimes, like murder and sexual offences. Provision of training is as staple so that there is emphasis on having more empirically-informed and scientifically-informed investigation practices which are incorporated into the training courses such that the police officers are better equipped to perform their investigation work more efficiently. The branch also lends support to intelligence operations in SPF. Snippets of such support include trainings, consultation, and undertaking of special projects in the area of Human Intelligence, threat assessment, and threat management. Lastly, the branch supports victims of crime through the arm of Victim Care Officers and through direct support to persons in distress in circumstances of high urgency or particularly sensitive cases.

# Counselling Psychology

Frederick Low

Session 1: 3pm - 3.30pm

Session 2: 3.45pm - 4.15pm



Frederick offers counselling to individuals as well as families on concerns relating to relationship, marriage, career, parenting, lifespan development and mental well-being. Over the years, he has worked with teenagers, working adults, couples & families and persons with special needs. In addition, he provides consultation and training for and supervises counsellors, psychologists and social workers in social service and special education sectors. He has also taught counselling at James Cook University (Singapore), Republic Polytechnic and other institutes of higher learning.

At present, Frederick is the Executive Director of Children's Aid Society, one of the oldest charities in Singapore. Prior to this, he was the Director of a Family Service Centre and Head of Counselling for a chain of special education schools. Frederick is a Chartered Psychologist (UK), Registered Psychologist (Singapore), and Registered Counsellor (Singapore). He is also an Associate Fellow of the British Psychological Society.