



Monica O'Kelly & Associates Pty Ltd trading as
COGNITIVE BEHAVIOUR THERAPY AUSTRALIA

Presents

Certificate in Cognitive Behaviour Therapy with Children and Adolescents

Wednesday 24 – Saturday 27 April 2019

Venue: Fort Canning Lodge, Singapore

Course presenters:

Bronwyn Tarrant – MA(PsychStud), MN(MentalHealth), BN, BA, DipAppSc(Nur), RN

Dr Dom DiMattia – BA, M Ed, Ed D



Areas covered will include:

CBT techniques and strategies for working with children and adolescents.

Workshop cost is AUD \$1580

Early bird price of AUD \$1480 applies if paid by 10 March 2019

Structure of the day:	9 am – 12.30	lecturer input
	12.30 – 2 pm	lunch and practice session with partner
	2 – 5 pm	skills supervision

On the first day there is a general introduction to CBT with children and adolescents. On the three subsequent days, specific applications for use with children and adolescents, with parents, and for use in the classroom and small groups, are covered. Over the lunch break participants are expected to practice their skills in pairs. You are expected to record these practice sessions and play them back during the afternoon supervision, where participants will work in small groups of approximately 8 people with a trainer, focussing on skills development.

Note: Morning, afternoon tea and lunch will be provided. Participants will need to **bring a recording device** (dictaphone or mobile phone with voice recording capability) for use in the afternoon session.

For further details and registration please contact: training@cbtaustralia.com.au or refer to the website www.cbtaustralia.com.au