



introduce

PRACTITIONER TRAINING WORKSHOPS SEPTEMBER 2019

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Schema Therapy for Couples



Presenter: Prof Bruce Stevens
Date: 11th-12th September 2019
Price: S\$649 for 2-day accredited workshop
EARLY BIRD PRICING UNTIL END OF JUNE !!!!

Summary:

Schema Therapy has recently been adapted to treat very difficult couples where one or both have traits of personality disorder. ST has easy-to-grasp concepts, such as schemas and modes, which make sense of the couple's past experiences, educate them, and open the door to allow them to speak freely about ways in which both can feel more connected. This workshop will include an introduction to ST, assessment with genogram, working with emotional focus, inter-relationship of schemas and modes, mode mapping and Mode Cycle Clash Cards.

Click [here](#) for details or email admin@elephant.com.sg

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Treating the Narcissist



Presenter: Prof Bruce Stevens
Date: 13th September 2019
Price: S\$349 for 1-day workshop
EARLY BIRD PRICING UNTIL END OF JUNE !!!!

Summary:

This one-day workshop will look at the psychoanalytic idea of self-structure and the distinctive deficits for the narcissist identified by Heinz Kohut in Self Psychology (SP). This formulation will be compared to the mode model in Schema Therapy (ST) with the self-aggrandizer mode. Ideas for treatment will be considered such as affective attunement in SP, re-parenting and chair-work in ST. The common ground in both therapeutic approaches is found in the idea of a corrective emotional experience. This is a workshop for experienced therapists and it is essential that participants bring a clinical case with narcissistic features (not necessarily meeting the full DSM-5 diagnosis) to discuss in small groups and to work on through the day.

Click [here](#) for details or email admin@elephant.com.sg

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About Bruce Stevens: Dr Stevens is the Wicking Professor of Ageing and Practical Theology at Charles Sturt University, Canberra, Australia. He is an endorsed clinical and forensic psychologist and has Advanced Schema Therapy accreditation with ISST in individual and couple therapy. Dr Stevens has written eight books for publishers such as Random House, Harper Collins, PsychOz Publications, Australian Academic Press, New Harbinger and Wiley-Blackwell.

