

Systems Perspective in Supervision



Singapore: 12th February 2020

ABOUT THE WORKSHOP

This one day workshop is designed to facilitate experienced supervisors in the practice of systemic supervision. Participants will gain knowledge of theory and practice of systems models in assessment, formulation and treatment and learn how to integrate systemic thinking within a competency based clinical supervision context. The workshop will explore ways to stimulate supervisee's personal and professional development through the use of reflective tasks, exploring emotions and patterns in relationships and considering the cultural and ecosystemic contextual parameters of supervision. The workshop will look at placing relational factors at the heart of the supervisory and therapeutic encounters. Pre-reading resources are provided, including revision documents of competency based supervision.

By the end of the workshop participants will: have an understanding of systems theory and how this is applied both in the supervisory contexts and within a competency based framework; have awareness of the 'self as therapist' and its relationship to the professional and personal self; have an understanding of, and work more competently and confidently with parallel process in supervision; understand how the systemic model helps supervisors to manage emotions within a dialogical reflectivity context; apply genograms and systems tasks in supervision to map out, understand and use wider systems issues (including cultural, institutional and social landscapes); understand clinical presentations systemically taking into consideration multiple stakeholders, relationships and the interplay of mentoring and monitoring tasks in supervision.

DATES & FEES

Date: 12th February 2020

Time: 9.00am-4.30pm

Location: ACC EduHub

51 Cuppage Road, #03-03, Singapore 229469

Fees: *Early bird \$330.00 AUD (ends 19.12.19)*

Standard fee \$375.00 AUD (from 20.12.19)

All course notes provided electronically including references, PowerPoint presentation and a Supervision Resources Handbook.

WORKSHOP CONTENT

- Systemic theory and application to supervision
- How to use genograms and work systemically in clinical practice and supervision
- Using ecograms/sociograms for systems analyses and interventions
- Live demonstration of systems practice in supervision
- Small group practice of systemic approaches to supervision incorporating reflective practice within a competency based framework
- Recognizing and managing parallel process in supervision and applying reflective practice within a systemic framework
- Small group activities and case discussions.

ABOUT THE PRESENTER

Christine Senediak is a PsyBA supervisor trainer with 35 years' clinical experience and over 30 years' as a supervisor and educator. She supervises widely providing individual, peer, group and organisational supervision to psychiatrists, psychologists, social workers and other health clinicians working in child and adolescent and family services, schools, adult mental health, drug health, gambling, sexual assault, cross cultural and trauma services. She divides her time between education, clinical work and supervision.

Christine employs a competency based and reflective practice approach to supervision enhancing self-awareness of relational issues between therapist, client and systems. Christine incorporates elements of systemic, cognitive behavioural, mindfulness and person centered therapies in supervision and training.

For those wishing to maintain their AHPRA (Australian) approved supervisor accreditation for a further 5 years, this workshop is an AHPRA approved Supervisor Master Class.

Register: <https://www.clinicalsupervisionservices.com.au/book-a-workshop>
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