

# Competency Based Clinical Supervision Skills Training



Singapore: 10th - 11th February 2020

## ABOUT THE WORKSHOP

This 2-day skills-based workshop provides participants with a thorough understanding of the principles and practice of effective clinical supervision. You will learn about contemporary theories of competency based supervision and learn how to set up, manage and evaluate both individual and group supervision contexts incorporating best practice standards and reflective practice. This workshop is interactive including live demonstrations, small group activities, video vignettes, practice exercises and class discussion (14 hours CPD).

### DATES & FEES

**Dates & Times:**

10th-11th February 2020

Monday 10th Feb: 9:00am - 4:30pm

Tuesday 11th Feb: 9:00am - 4:30pm

**Location:** ACC EduHub

51 Cuppage Road, #03-03 Singapore  
229469

**Fees:** *Early bird \$660.00 AUD  
(ends 19th December 2020)*

*Standard fee \$720.00 AUD  
(from 20th December 2020)*

**All course notes provided electronically including references, PowerPoint presentations and a Supervision Resources Handbook.**

### TOPICS INCLUDE

- Setting up competency based clinical supervision
- Establishing and managing the supervisory relationship – the working alliance
- Live demonstration (pre-supervisory meeting; contract setting and establishing learning goals)
- Reflective practice theory and practice
- Supervision interventions (using videos and tapes, assessment of skill acquisition)
- Micro-skills training, modelling and demonstrations
- Structural considerations (individual vs group contexts, tele-health supervision)
- Techniques and methods, including case consultation, writing activities, journal, log books, process recording, and structured case review forms and live observation methods
- Supervision relationship issues (awareness and sensitivity to diversity)
- Evaluation methods
- Providing effective feedback.

## ABOUT THE PRESENTER

Christine Senediak is a PsyBA supervisor trainer with 35 years' clinical experience and over 30 years' as a supervisor and educator. She supervises widely providing individual, peer, group and organisational supervision to psychiatrists, psychologists, social workers and other health clinicians working in child and adolescent and family services, schools, adult mental health, drug health, gambling, sexual assault, forensic, cross cultural and trauma services. She divides her time between education, clinical work and supervision.

Christine employs a competency based and reflective practice approach to supervision enhancing self-awareness of relational issues between therapist, client and systems. Christine incorporates elements of systemic, cognitive behavioural, mindfulness and person centered therapies in supervision and training.

This two day workshop is an AHPRA (Australian) approved Psychology supervision course.  
Further details, please email to enquire about your eligibility for endorsement.

**Register online at: <https://bit.ly/2MRsGuJ>**

[www.clinicalsupervisionservices.com.au](http://www.clinicalsupervisionservices.com.au)