

# Taking a Systems Perspective in Supervision

7 CPD POINTS



Singapore: 12th February 2020

## ABOUT THE WORKSHOP

This one day workshop will provide a framework for clinicians, supervisors and managers to broaden their knowledge and skills in the theory and practice of systemic supervision. Systemic supervision looks at ways to stimulate supervisee's personal and professional development through the use of reflective and reflexive learning tasks, exploration of emotions and patterns in relationships. A systems approach to supervision and management considers cultural and contextual factors that can influence relationships and helps clients, therapists, managers and supervisors work towards managing challenging relationships and dynamics that can impact on the delivery of mental health services. By attending this workshop you will gain the skills to conduct systemically focused supervision/mentoring using a competency based framework.

### Workshop content

- Systemic theory and its application to supervision
- Practical demonstration and application of genogram and ecogram/sociogram mapping for systemic analysis and intervention
- Live demonstration of systemic practice in supervision
- How to stimulate personal reflection of self, review and manage the relational factors within therapeutic, managerial and supervisory contexts
- Exploration of parallel process in supervision
- Small group micro skill practice and review of case examples using a systemic supervision model.

### What you will learn?

- How to meaningfully and experientially use genograms and ecograms in assessment and treatment
- How to make connection between personal and professional (i.e. helping therapists/managers in supervision make active and purposeful use of who they are personally and professionally aligned to the 'Person as the Therapist' concepts)
- How systemic ideas and practice can support management and clinical practice
- How to set up, practice and evaluate the effectiveness of systemic supervision in your workplace
- How to consider and manage wider systems issues (including cultural, institutional and the social landscape).

### Why do this course?

- Have a greater understanding of systemic theory and how to apply in a supervisory context
- Improve awareness of, and be able to better manage self-issues that can interfere and detract from professional practice
- Develop confidence and competence working with parallel process in supervision
- Have a strong theoretical framework to apply systemic supervision in your workplace.

## DATES & FEES

**Date:** 12th February 2020 **Time:** 9.00am-4.30pm

**Location:** ACC EduHub, 51 Cuppage Road, #03-03, Singapore 229469

**Fees:** *Early bird \$325.00 AUD (ends 19.12.19) Standard fee \$375.00 AUD (from 20.12.19)*

**All course notes provided electronically including references, PowerPoint presentation and a Supervision Resources Handbook. Morning and Afternoon Tea provided.**

## ABOUT THE PRESENTER

Christine Senediak is an (AHPRA) Australian Psychology endorsed Supervisor Trainer and supervisor with 35 years' clinical experience and over 30 years' as a supervisor and educator. She supervises widely providing individual, peer, group and organisational supervision to psychiatrists, psychologists, social workers and other health clinicians working in child and adolescent and family services, schools, forensic court settings, adult mental health, drug health, gambling, sexual assault, cross cultural and trauma services. She divides her time between education, clinical work and supervision.

Christine employs a competency based and reflective practice approach to supervision enhancing self-awareness of relational issues between therapist, client and systems. Christine incorporates elements of systemic, cognitive behavioural, mindfulness and person centered therapies in supervision and training.

Register online at: <https://bit.ly/2BOYie7>

Enquiries: 001 61 478548 594 | Email: [info@clinicalsupervisionservices.com.au](mailto:info@clinicalsupervisionservices.com.au)

[www.clinicalsupervisionservices.com.au](http://www.clinicalsupervisionservices.com.au)