

SURVEY: Psychosocial effects of COVID-19 in Singapore

You are invited to take part in a research project about people's responses to the COVID-19 (also known as Coronavirus) outbreak in Singapore. We're conducting an online survey amongst Singaporean residents and visitors who are/were present in Singapore at the time of the outbreak (beginning in January 2020).

You are invited to complete the survey, which should take about 20 minutes of your time. The survey is hosted via the Qualtrics survey system which you can access at a time and place of your own convenience through the link or QR code below. The survey has 95 items in nine sections, with items referring to resilience, anxiety, personal independence and sense of duty and obligation to a group, vulnerability to risk, religious coping, your perceived impact of the COVID-19 event, and prejudice. A brief section requests some personal details about you including your gender, age, ethnicity, employment status, study status, residential/visitor status, household status, and residence type. We have also included four questions about the use of prescription or alternative medicine.

Taking part in this study is completely voluntary and you can stop taking part in the study at any time without explanation or prejudice. We anticipate that some people may experience some distress due to the uncertainty surrounding COVID-19 so we are providing the following advice concerning counselling services in Singapore.

1. IMH 24-Hour Helpline: 6389 2222
2. Singapore Psychological Society: <https://singaporepsychologicalsociety.org/events/onepsychcommunity/>
"Singapore Psychological Society recognises the impact the Covid-19 situation has had in our society and has rallied our members and fellow psychologists to provide a stronger and more united mental health response. We are pleased to put forth a list of psychologists and psychological services that have stepped forward to help specifically with the Covid-19 situation. Please take note that these services are made available only to specific cases relating to Covid-19."

Your responses and contact details will be strictly anonymous. The data from the study will be used in research publications and may be used for comparative purposes in future studies or for retrospective comparison with data from past studies. As we do not collect or ask for any identifying information you cannot be identified in any way in any form of reporting. For this reason, withdrawal of submitted data is not possible.

Type this link into your browser

<https://tinyurl.com/snntoq5>

or scan the QR code to be directed there

(If you don't complete the survey in one session, you can return to complete at another time by using the same link)



If you know of others who might be interested in this study, we would appreciate if you would please pass on this information to them so they can access the survey.

Exclusion criteria: Under the age of 18 years; Inability to understand conversational English; Diagnosis of any major mental health disorder, Currently a patient under hospitalization for any reason

The study is being conducted by a team of researchers representing James Cook University (JCU), the National University of Singapore, and the Singapore Psychological Society under the leadership of Dr Denise Dillon, a Senior Lecturer of Psychology at James Cook University in Singapore. The project has ethics approval from the JCU Human Research Ethics Committee (approval no. H8064).

If you have any questions about the study, please contact the Principal Investigator, **Dr Denise Dillon** using the contact details below.

Principal Investigator:
Dr Denise Dillon
James Cook University Singapore
Phone: +65 6709 3730
Email: denise.dillon@jcu.edu.au

Co-Investigators:
CI 1: Prof Nigel Marsh, JCU Singapore
CI 2: Dr Lohsnah Jeevanandam, NUS/SPS
CI 3: Mr Adrian Toh, SPS
CI 4: Dr Majeed Khader, SPS
CI 5: Prof Caryn West, JCU