

LEVEL 2

Advanced Schema Therapy

"Beyond Theory and the Basics"

- Aimed at those with some background in Schema Therapy, this workshop is helpful for fine-tuning current skillsets
- This workshop focuses on overcoming challenges in treating Borderline, Narcissistic and Cluster C personality disorders
- Participants will be given the opportunity to fine-tune experiential exercises, including imagery rescripting and chairwork dialogues

A Workshop for Practitioners

This advanced workshop will cover:

- Specific implementation of treatment for Borderline Personality Disorder (BPD), Narcissistic Personality Disorder, and Cluster C personality disorders
- Practical hands-on and experiential exercises such as imagery and chair-work, and working through commonly experienced difficulties such as working with the Detached Protector and Parent modes
- Signs of Therapist's Schema Interference in Treatment
- Empathetic Confrontation and Limit setting for Punitive and Demanding Parent modes
- Emphatic Confrontation and Limit setting for Maladaptive Coping Modes



Presenter

DR. ROBERT BROCKMAN

Dr Robert is a clinical psychologist and schema therapy supervisor and trainer accredited by the International Society for Schema Therapy (ISST). He regularly trains practitioners across Australia, New Zealand, Singapore and Hong Kong and is co-director of schematherapytrainingonline.com

Rob has been an active researcher and academic since 2010 (currently has an appointment with University of Technology Sydney). He has been training in Singapore regularly since 2015 and has been a consultant/supervisor for IMH, CGH, and Singapore Prison Service. He is currently engaged in clinical research extending the schema model into novel populations (GAD, Psychosis, Chronic Depression, Indigenous, Asian Populations, & Therapist 'self-schemas').

Workshop Fees

Standard: SGD 1,199

(Price is inclusive of GST)

1 - 3 June 2022 | 9am to 5pm

10 Winstedt #02-06

Singapore 227977

Course Registration

E-mail appointments@apsy.sg with the attached application form and proof of payment

Phone: +65 8202 3385

E-mail: appointments@apsy.sg

Website: www.annabellepsychology.com

LIMITED SEATS AVAILABLE



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International Society of
Schema Therapy

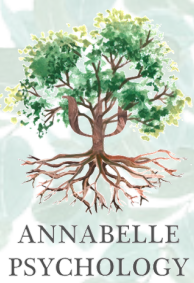


ANNABELLE
PSYCHOLOGY
Organiser

Application Form

Level 2 Advanced Schema Therapy: 1st - 3rd June 2022

Facilitated by Dr Robert N Brockman, Schema Therapy Training Australia



I would like to register for Level 2 Advanced Schema Therapy:
1st June - 3rd June 2022

Course Fees (Price is inclusive of GST):

☐

Standard Registration: SGD 1,199.00

Your Details

Surname: _____ First Name: _____

Name to Appear on Certificate: _____

Address: _____

Email Address: _____

Phone Number(s): _____

How did you hear about this program? _____

Current Employment: _____

Previous Experience with Schema Therapy (if any): _____

TERMS Applications are accepted on a first-come, first-served basis. This form must be accompanied by payment to reserve a slot. Your payment will be returned if there are no places available. Cancellations must be received in writing to appointments@apsy.sg.

By submitting this application form, you agree to these terms and fully release and discharge us from any and all claims for injury, damages or loss which might accrue as a result of this training.

REFUNDS Refunds (less 10%) are only given for cancellations received by 5pm on 26 January 2022. Due to limited places, we do not offer refunds beyond this date. In the event of cancellation due to circumstances beyond our control, the training will be postponed, and we will provide an alternative date for this course to be run within a 12-month period.

PAYMENT TERMS (Online) We accept Bank Transfer via any UOB Cash Deposit Machine or electronic payment via PayNow or Online Bank Transfer.

Signature: _____ Date: _____



Entity Name: Annabelle Psychology Pte Ltd

PayNow UEN: 201836771G

Bank Account No.: 355 - 321 - 773 - 1

Bank and Bank Code: UOB 7375

Branch Code: 015



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Schema Therapy



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Schema Therapy Masterclass

Dancing with the Detached Protector:
Strategies for Bypassing Emotional
Detachment and Connecting with Feelings
States for Corrective Experiences

A Workshop for Practitioners

One of the most difficult tasks the schema therapist faces are those clients who present to session with a very strong detached protector mode and emotional inhibition that feels immovable, or that in some way functions to block the most powerful elements of a schema-based treatment. A standard ST approach to bypassing such modes does not always appear enough to help 'connect to the vulnerable child'.

In this 1-day workshop, Rob summarises the most important tips for overcoming such difficult cases, presenting a functional model of the detached protector, that specifies multiple pathways to strong detachment coping, and related treatment implications. Schema attunement is the antithesis of emotional inhibition.

Rob will present a 5-Step process model of attunement, designed to increase the felt level of attunement in the session, and boost connection with client vulnerability. Multiple opportunities to engage in role plays to boost your attunement skills will be provided.



**TAUGHT BY:
DR. ROBERT
BROCKMAN**

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Rob has been an active researcher and academic since 2010 (currently has an appointment with University of Technology Sydney). He has been training in Singapore regularly since 2015 and has been a consultant/supervisor for IMH, CGH, and Singapore Prison Service. He is currently engaged in clinical research extending the schema model into novel populations (GAD, Psychosis, Chronic Depression, Indigenous, Asian Populations, & Therapist 'self-schemas').

Workshop Fees

Standard: SGD \$415.16

(Price is inclusive of GST)

4 June 2022 | 9am to 5pm

10 Winstedt #02-06

Singapore 227977

Course Registration

E-mail appointments@apsy.sg with the attached application form and proof of payment

Phone: +65 8202 3385

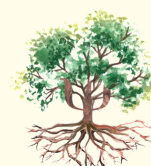
E-mail: appointments@apsy.sg

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LIMITED SEATS AVAILABLE



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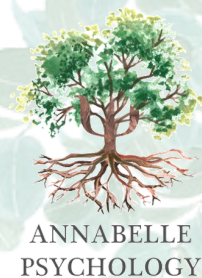


**ANNABELLE
PSYCHOLOGY
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Application Form

Schema Therapy Masterclass - 4th June 2022, Saturday

Facilitated by Dr Robert N Brockman, Schema Therapy Training Australia



I would like to register for Schema Therapy Masterclass:
4th June 2022, Saturday

Course Fees (Price is inclusive of GST):

☐

Standard Registration: SGD 415.16

Your Details

Surname: _____ First Name: _____

Name to Appear on Certificate: _____

Address: _____

Email Address: _____

Phone Number(s): _____

How did you hear about this program? _____

Current Employment: _____

Previous Experience with Schema Therapy (if any): _____

TERMS Applications are accepted on a first-come, first-served basis. This form must be accompanied by payment to reserve a slot. Your payment will be returned if there are no places available. Cancellations must be received in writing to appointments@apsy.sg.

By submitting this application form, you agree to these terms and fully release and discharge us from any and all claims for injury, damages or loss which might accrue as a result of this training.

REFUNDS Refunds (less 10%) are only given for cancellations received by 5pm on 4 April 2022. Due to limited places, we do not offer refunds beyond this date. In the event of cancellation due to circumstances beyond our control, the training will be postponed, and we will provide an alternative date for this course to be run within a 12-month period.

PAYMENT TERMS (Online) We accept Bank Transfer via any UOB Cash Deposit Machine or electronic payment via PayNow or Online Bank Transfer.

Signature: _____ Date: _____



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