

Intermediate Workshop:

Building Confidence and Competence with Acceptance and Commitment Therapy (ACT)



For clinicians who:

- Are familiarising themselves with ACT – perhaps through reading or by watching YouTube videos.
- Looking to implement and integrate ACT more fully into their psychotherapy practice.

This workshop entails:

- A personal, experiential appreciation of ACT principles.
- ACT case conceptualisations of common clinical presentations.
- Integrating ACT interventions safely and consistently with robust transtheoretical psychotherapy principles and practice.

Presenter:



DR. MATTHEW SMOUT

Dr. Matthew is an Australian clinical psychologist with over 20 years' experience as a clinician, teacher, and researcher for adult mental health and addiction treatment services. He is the Program Director of the Master of Psychology (Clinical) program at the University of South Australia and Clinic Director of the UniSA Psychology Clinic.

Matthew conducted the first randomised controlled trial of Acceptance and Commitment Therapy in Australia (with methamphetamine use disorder). He has been practising, teaching and supervising ACT since 2002.

His broader research interests are in psychotherapy research and improving outcomes of psychotherapy in routine practice. His website for clinicians contains easy-to-read summaries of current psychotherapy research: www.drmatthewsmout.com

WORKSHOP FEES

(Inclusive of GST)

Early Bird: 267.50 SGD

Standard: 294.25 SGD

DATE & VENUE

17 June 2022 (Fri)

Online

2pm-4pm SGT

COURSE REGISTRATION

Email appointments@apsy.sg with the attached application form and proof of payment.

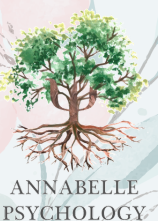
CONTACT US

Phone: +65 8202 3385

Email: appointments@apsy.sg

Website:

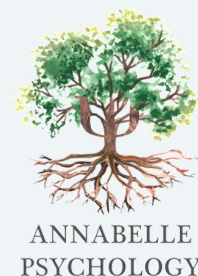
www.annabellepsychology.com



Application Form

ACT Intermediate Workshop: 17th June 2022

Facilitated by Dr. Matthew Smout



I would like to register for ACT Intermediate Workshop:
17th June 2022

Course Fees (Price is inclusive of GST):

☐

Early Bird Registration: SGD 267.50 (Pay by 17th May 2022)

☐

Standard Registration: SGD 294.25

Your Details

Surname: _____ First Name: _____

Name to Appear on Certificate: _____

Address: _____

Email Address: _____

Phone Number(s): _____

How did you hear about this program? _____

Current Employment: _____

Previous Experience with Acceptance and Commitment Therapy (if any): _____

TERMS Applications are accepted on a first-come, first-served basis. This form must be accompanied by payment to reserve a slot. Your payment will be returned if there are no places available. Cancellations must be received in writing to appointments@apsy.sg.

By submitting this application form, you agree to these terms and fully release and discharge us from any and all claims for injury, damages or loss which might accrue as a result of this training.

Signature: _____ Date: _____

REFUNDS Refunds (less 10%) are only given for cancellations received by 5pm on 2 April 2022. Due to limited places, we do not offer refunds beyond this date. In the event of cancellation due to circumstances beyond our control, the training will be postponed, and we will provide an alternative date for this course to be run within a 12-month period.

PAYMENT TERMS (Online) We accept Bank Transfer via any UOB Cash Deposit Machine or electronic payment via PayNow or Online Bank Transfer.



SCAN TO PAY

Entity Name: Annabelle Psychology Pte Ltd

PayNow UEN: 201836771G

Bank Account No.: 355 - 321 - 773 - 1

Bank and Bank Code: UOB 7375

Branch Code: 015



ANNABELLE
PSYCHOLOGY

Organiser

Acceptance & Commitment Therapy (ACT) Masterclass:

Troubleshooting ACT



For clinicians who:

- Have been practising Acceptance and Commitment Therapy (ACT) with clients for some time
- Are looking for ways to overcome difficulties they have encountered.

This workshop will cover:

- Common therapy-interfering behaviours, both from clients and clinicians
- ACT-consistent strategies to respond

Presenter:



DR. MATTHEW SMOUT

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WORKSHOP FEES

(Inclusive of GST)

Early Bird: 176.55 SGD

Standard: 192.60 SGD

DATE & VENUE

24 June 2022 (Fri)

Online

2pm-4pm SGT

COURSE REGISTRATION

Email appointments@apsy.sg with the attached application form and proof of payment.

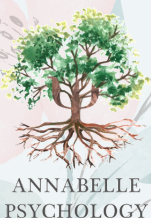
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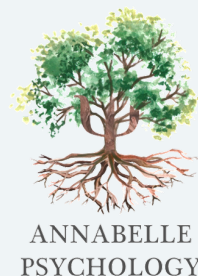
www.annabellepsychology.com



Application Form

ACT Masterclass: 24th June 2022

Facilitated by Dr. Matthew Smout



I would like to register for ACT Masterclass:
24th June 2022

Course Fees (Price is inclusive of GST):

☐

Early Bird Registration: SGD 176.55 (Pay by 24th May 2022)

☐

Standard Registration: SGD 192.60

Your Details

Surname: _____ First Name: _____

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