

# TRAUMA & LOSS SYMPOSIUM 2022

JOIN US ONLINE FROM 1-5 NOV 2022



## Pre-Symposium Workshop:

1 Nov (Tue) 9am - 12pm

### Alternatives for Families: A Cognitive Behavioural Therapy (AF-CBT)

This class will review the first 6 topics in the three-phase model of AF-CBT for engaging and assessing families. Recommended intervention strategies will also be provided.

## Day 1 Keynote Speeches:

2 Nov (Wed) 8pm - 10pm

### Disenfranchised Grief and Trauma

In this speech, we will explore the ways that grief may be disenfranchised by trauma and offer interventive strategies to assist children and adolescents experiencing this trauma.

### Developmental Trauma in Children: Causes, Signs and Strategies

This keynote speech will include an overview of the causes of Developmental Trauma, how it may affect children differently with different attachment styles, experiences of Adverse Childhood Experiences (ACEs), and children who may have Post Traumatic Stress Disorder (PTSD).

## Day 2 Masterclass 1:

3 Nov (Thu) 9am - 12pm

### The Impact of Non-Death Loss on Adolescent Development

The experiences of non-death loss (e.g., parental divorce, friendship loss) during adolescence, which may include grief and trauma, can have a lasting developmental impression that carries into adulthood. This masterclass will explore adolescents' experience of multi-layered grief and trauma responses through case study as well as beneficial and useful coping strategies.

## Day 3 Masterclass 2:

4 Nov (Fri) 9am - 12pm

### Trauma Informed Cognitive Behavioural Therapy (TF-CBT) for Adolescents with Complex Trauma

This master class will discuss various applications for TF-CBT with adolescents with complex trauma histories. In particular, emphasis will be placed on engaging adolescents in the therapeutic relationship, managing dysregulation, and processing complicated trauma histories.



**DR BARBARA BAUMANN**  
CLINICAL AND DEVELOPMENTAL  
PSYCHOLOGIST | UNIVERSITY OF  
PITTSBURGH SCHOOL OF MEDICINE



**DR KENNETH DOKA**  
SENIOR CONSULTANT | HOSPICE  
FOUNDATION OF AMERICA



**SARAH NAISH**  
FOUNDER AND CEO | CENTRE OF  
EXCELLENCE OF CHILD TRAUMA



**DR PAMELA MALONE**  
CLINICAL DIRECTOR | THE AUSTIN  
CENTRE FOR GRIEF AND LOSS



**DR MATTHEW KLIETHERMES**  
CLINICAL PROFESSOR | CHILDREN'S  
ADVOCACY SERVICES OF GREATER  
ST. LOUIS



To register, visit  
<https://VCSTL2022.eventbrite.sg>  
or scan the QR code.

Registration closing date: 18th Oct 2022  
or until tickets are sold out

For enquiries, contact us at [vtc@viriy.org.sg](mailto:vtc@viriy.org.sg) / 6256 1311

Pre-Symposium Workshop ~~\$100~~ | \$150\*

Day 1 Keynote ~~\$100~~ | \$80\*

Day 1 Keynote + one Master class ~~\$350~~ | \$320\*

Day 1 Keynote + two Master classes ~~\$450~~ | \$420\*

\*Early bird discount closes on 18 Oct 2022

Additional group discount of 10% for 3 pax or more

For VCF funding, register at [shorturl.at/IMPQZ](https://shorturl.at/IMPQZ)

# TRAUMA & LOSS SYMPOSIUM 2022

JOIN US ONLINE FROM 1-5 NOV

## Day 4 Parenting Workshops:

### Workshop 1: Trauma Informed Care

(English) 5 Nov 2022, Saturday

9am-11am, 11-12 pm (lunch), 12pm-2pm

Fees: \$100

When trauma occurs to a beloved family member, it also afflicts the parents & caregivers. Timely intervention can promote early recovery and healing through nurturing relationships and mutual connections for parents.

This workshop will help parents to integrate trauma informed care into their interactions with children and adolescents. Participants will learn to identify the origins and signs of trauma and tips on providing a safe and secure space for their loved ones from a young age.



**VEENA NANTHAKUMAR**  
OUTREACH AND PROGRAMME  
MANAGER FOR CHILDREN  
AND YOUTH | CAREGIVERS  
ALLIANCE LIMITED



**JEREMIAH WOO MINGYUAN**  
PROGRAMME MANAGER  
FOR CHILDREN AND YOUTH |  
CAREGIVERS ALLIANCE  
LIMITED

### Workshop 2 : 育儿工作坊 生命教育如何从小做起?

(Chinese) 5 Nov 2022, Saturday | 2pm - 4pm

Fees: \$50

这个讲座将帮助父母陪伴孩子, 了解生老病死是大自然的常态. 家中有人离世, 大人往往也不晓得如何 与孩子们沟通. 其实, 在外面孩子同样会接触到死亡议题, 逃避反而引起莫名的恐惧, 不如用坦然的态度, 和孩子探讨正向的生死观念和态度.



### 郭慧娟老师

朝陽科技大學銀髮產業管理系  
講師  
國立空中大學講師  
生死關懷教育推廣協會理事長  
台灣環保自然葬協會理事長



To register, visit <https://VCSTL2022.eventbrite.sg>  
or scan the QR code.

Registration closing date: 18th Oct 2022 (or until tickets are sold out)

For enquiries, contact us at [vtc@viriya.org.sg](mailto:vtc@viriya.org.sg) or 6256 1311