

ALL THINGS MEALTIMES

Date : 10 – 11 July 2023
(Monday & Tuesday)

Time : 8:30am to 4:30pm

Venue : Singapore
(Exact location TBC)

Speakers :

Emily Lively (Speech Pathologist)

Lynly Mader (Infant Mental Health
Specialist and Occupational Therapist)

Workshop is suitable for beginner and experienced clinicians:

Speech Pathologists/Therapists, Occupational Therapists, Dietitians, Paediatricians, Gastroenterologists, other Medical Practitioners, Psychologists, Infant Mental Health Workers, Social Workers, Community Based Health Workers, Special Educators

Course Objectives

Participants will be able to:

- Describe what successful mealtimes look like
- Analyse signs of feeding disorders and behaviours
- Describe the impact of tube feeding on oral intake at mealtimes
- Plan a holistic mealtime assessment
- Explain feeding therapy expectations to carers during mealtime
- Discuss various feeding therapy approaches
- Explain Lively Eaters principles for tube weaning and when working with “challenging eaters”
- List team roles, considerations, limitations & program development for a wean or intensive program

Course Content

Lively Eaters Feeding Therapy specialises in supporting children and their families who are experiencing mealtime, tube feeding, eating and/or drinking difficulties from birth through the early school and teenage years. The program supports the families of children with autism spectrum disorder, chromosomal, gastrointestinal, developmental, neurological, tube dependency, sensory disorders and developmental delays which impact their feeding and eating capacities. Dietitians, Speech Pathologists, Occupational Therapists, Paediatrician and Mental Health therapists in the program provide research-based feeding therapy to over 400 families annually, Australia wide and internationally. The Lively Eaters intensive feeding programs are the only residential family-based feeding programs available in Australia to support tube weaning and children with extremely challenging eating.

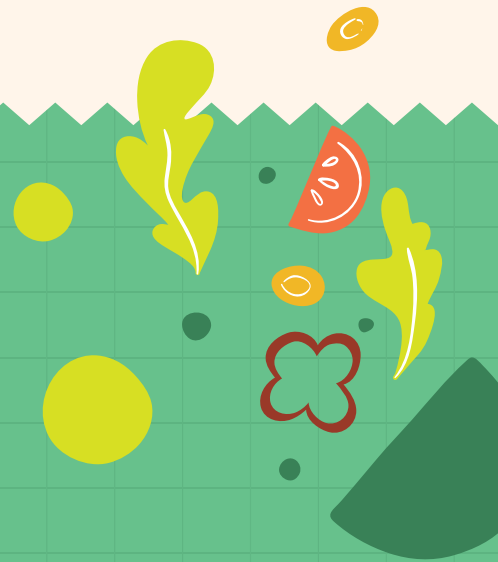
Over the last 12 years Lively Eaters has successfully worked with over 300 families to wean children from tube dependency or re-instate successful family mealtimes with increased acceptance of food variety.

The workshop will be presented as an interactive lecture with extensive case studies and video footage showing the different stages of the intensive weaning and 'Venture Out' program being implemented from first involvement with a family to the end of a wean.

Children with backgrounds including chromosomal, gastrointestinal, developmental, neurological and no apparent reasons for faltering growth will be presented.

Course Outline

1. What do successful mealtimes look like
 - Barriers to successful mealtimes
 - Why relationships count so much at mealtimes
2. Signs of feeding disorders / behaviours
3. Tube feeding and its impact on mealtimes
4. Mealtime assessment – mealtime environment, oral motor and oral sensory skills, growth and nutrition, sensory processing, caregiver/child relationship, routines and expectations
5. Establishing Feeding Therapy Expectations - working with carers/families to set mealtime and feeding goals and facilitate change within the home environment
6. Feeding Therapy approaches – overview of feeding therapy approaches including Applied Behavioural Analysis, Sequential Oral Sensory, Division of Responsibility, Food Chaining, Responsive Feeding, Lively Eaters Intensive Feeding programs
7. Lively Eaters principles:
 - Tube weaning utilising the Lively Eaters principles – philosophy, tube weaning, readiness assessment, weaning program (hospital and home based), outcomes
 - Working with “Challenging eaters” utilising the Lively Eaters principles for children with Autism Spectrum Disorder, sensory processing disorder, developmental delay, children with limited/rigid diets, children and adolescents with challenging mealtime behaviours – within the Centre, within the home, intensive therapy program
8. Team considerations & program development – practical considerations for a wean or intensive program, logistics of weaning children within resource and location
9. Limitations and team roles



SPEAKER



Ms Emily Lively, Director of Lively Eaters Feeding

- Paediatric Speech Pathologist
- PhD candidate (Flinders University)



Emily has worked within the area of paediatric feeding for the last 20 years. In addition, she has extensive experience in the diagnosis and therapy for children with an autism spectrum disorder as well as supporting families of children with global developmental delay, sensory processing disorder, dysphagia and swallowing disorders, speech and language disorder and motor co-ordination challenges. Working within a multi-disciplinary team over this time has been vital for developing a holistic view of all the factors which influence a child's ability to learn to eat and drink. Emily strives to bring these factors together by working with all family members to develop oral feeding skills for children who are enteral tube dependent or extremely challenging or restricted eaters, through the Lively Eaters Intensive residential feeding program.

Emily is due to complete her PhD through Flinders University (South Australia) in March 2023. Her research on tube weaning has been published in esteemed international journals (including Journal of Parenteral and Enteral Nutrition and Journal of Paediatric Gastroenterology and Nutrition).

Emily has lectured on paediatric feeding and tube weaning throughout Australia, within hospital departments (medical, nursing and allied health), community health settings, medical conferences and university programs and frequently provides training sessions to nursing staff, medical practitioners, education support workers and parents. Her work has been showcased at conferences including Australasian Society of Clinical Immunology and Allergy (ASCIA) (2015), Australian Society for Medical Research (ASMR) (2016), Speech Pathology Australia (2017), Feeding Difficulties in Childhood Conference, Norway (2021), Flinders University Final Thesis presentation (2022).

Emily is a founding Director of WHOLE Enteral – Australasia's first real food, formulated meal replacement tube feeding formula.

Recent publications

Lively, E.J., McAllister, S., & Doeltgen, S.H. (2020). Characterising international approaches to weaning children from tube feeding: A scoping review. *Journal of Parenteral and Enteral Nutrition*, 45(2), 239-250. DOI:10.1002/jpen.1842.

Lively EJ, McAllister S, Doeltgen SH. (2019). Variables impacting the time taken to wean children from enteral tube feeding to oral intake. *J Pediatr Gastroenterol Nutr*, 68: 880-886.

Lively EJ, McAllister S, Doeltgen SH (in process). Parents' experiences of their child's transition from tube to oral feeding during an intensive intervention program.





Ms Lynly Mader, Infant Mental Health Specialist



- Degree in Occupational Therapy
- Diploma in Infant Mental Health

Lynly has worked with families who have experienced multiple adversities for over 30 years. In this time, she has worked both within Adult and Child Mental health and Paediatric settings, within inpatient, outpatient and community development programs.

Lynly has taught at both at an undergraduate and postgraduate level, with both Medical and Allied Health professionals. Her work has been presented both within Australia and Internationally. She has contributed to several published works that focus on Maternal emotional health and Parent/ Infant relationships.

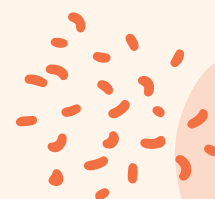
Within the last 20 years, her focus has been on supporting parents whose children have complex medical diagnoses or are in circumstances that have made parenting a challenge. Lynly has a commitment to respecting the individuality of each child, within each family. Through accessing the relational dynamics of the family, Lynly seeks to help the family create rewarding, sustainable and successful feeding interactions. Many of the families that approach the Lively Eaters program have been caught in spiralling dysfunctional interactional patterns that have been influenced by the trauma of events such as early birth, lengthy hospitalisations, aversive but necessary medical treatments and adjustment to challenging behaviours.

Recent publications

World Association of Infant Mental Health Congress, Rome, Italy (2018) Presented paper, 'Feeding Tube Dependent Infant-Development of the self within the Context of Medical Trauma, Persistent Oral Aversion and Artificial Feeding'.

International Attachment Conference, Pavia, Italy (2013) Presented paper, 'Establishment of Play Picnics within a large public Children's Hospital setting'.

Sved Williams, A, Ellershaw, S, Mader L and Seyfang M (2008). 'Working with Severely Mentally Ill Mothers and Their Infants in a Mother-Baby Inpatient Unit', in Sved Williams, A & Cowling V (eds) Infants of Parents with Mental Illness: Developmental, Clinical, Cultural and Personal Perspectives.



Course Fee**

VCF FUNDING BEING APPLIED*

PRICING	SGD / pax
Group of 2 or more (Early bird before 14 th February 2023)	820
Individual (Early bird before 14 th February 2023)	880
Group of 2 or more (Regular fee from 14 th February 2023 onwards)	920
Individual (Regular fee from 14 th February 2023 onwards)	980

*VCF grant application is in progress and will be confirmed by the end of January 2023. For those who require VCF funding, do register to be informed about the VCF funding results.

** Additional charges may apply for certain modes of payment. Refer to registration form for details.

We will confirm the running of the workshop by 15th May 2023.



Registration

Please register at <https://tinyurl.com/ATMregform>. Email us at info@magicbeans.sg or Whatsapp us at +65 8777 3171 should you have any queries. Scan the QR code for more details.

Registration will only be confirmed after completion of the online registration form and when full payment has been received. Your place at the workshop will not be reserved otherwise. You will receive an email to confirm registration.



Contact Details

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