

Individual Therapy for Couple Problems

Eagles Mediation &
Counselling Centre



Relationship Institute
Australasia

Learn how to assist an individual partner to make positive change through the use of psycho-education, cognitive and emotional self-exploration, and behavioural interventions.



Trish Purnell-Webb is a highly experienced Clinical Psychologist and educator specialising in the field of intimate relationships and individual therapy for couple-related issues.

Learning Outcomes:

- Understand the evidence for and against offering Individual Therapy for Couple Problems.
- Identify the pitfalls of working with only one partner.
- Gain insight into the knowledge and skills required for therapists to undertake this work with clients.

- Date: 1 Nov 2024 (Fri)
- Time: 9:00 - 17:30 SGT
- Venue: Zoom
- Fees: \$450



Register by: 17 Oct

Gottman Clinical Training Level 2

Eagles Mediation &
Counselling Centre



The Gottman Institute

*Join us and grow your repertoire of skills to
work with couples more effectively!*

Gain lifelong access to
the Gottmans' original
teaching materials



Obtain certificates in
Gottman Method for
Couples' Therapy

Dates: 13 - 15 Nov 2024

Time: 09:00 – 17:30 SGT

Venue: Online; Zoom

Held over Zoom with
Trish conducting the
course in real time

Registration Fees

Standard: **SGD 1,600**

Refresher: **SGD 800**

PCG [SG/PR]: **SGD 1,000**

PCG [WP/EP/SP]: **SGD 1,200**

**Register here by
27 Oct 2024!**



Trainer:
Trish Purnell-Webb

Trish Purnell-Webb is a
Certified Gottman Therapist,
Advanced Clinical Trainer and
Consultant for the Gottman
Institute and has been working
with couples for over 25 years.

